

ICT

ICT 2024 Mentorship Lecture-2 Notes



In this blog post, we consolidate some key concepts from [Lecture 1 of 2024 mentorship](#) and expand on the **complications you may face as a precision trader**. Whether you're new to trading price action or already building your system, this post will guide you through the **Price Delivery Continuum**, **framework-based trading**, and how to navigate critical intraday movements without losing sight of risk management.

The Price Delivery Continuum: [ICT](#) [Mentorship 2024](#)

When you're entering trades on a **1-minute chart**, you're often aiming for laser-sharp entries and tight stop losses. While this is ideal, it comes with a caveat—you **might miss out on moves or not get filled** due to the precision required.

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To overcome this:

- Consider using the **15-second chart** to refine your entries beneath the 1-minute timeframe.
- This is part of the **Price Delivery Continuum**, a concept that helps you zoom in and see the microstructure of price.
- **Remember:** Missing trades because you're being precise is a good sign—you're working toward minimizing risk, and that's the right mindset for consistent, long-term success.

The Step-by-Step Price Delivery Continuum

Framework

Below is a complete breakdown of what to look for **after 7:00 am EST**, using multi-timeframe analysis (15m, 5m, and 1m):

- **Mark 7:00am EST** with a vertical line on your chart.
- Observe the formation of **relative equal highs or lows** on the 15m, 5m, and 1m charts.
- Identify areas that were previously **“smooth”** but now appear **“jagged”**—this shows price imbalance.
- On the same charts, **mark inefficiencies** (Fair Value Gaps).
- Watch for a **run on liquidity** in one direction, then locate **relative equal highs/lows** in the **opposite direction**.
- Mark this area as a **“Turning Point”**—a potential entry zone.

Prime Time Ranges to Watch

Watch for these key **30-minute windows**, where market makers typically induce manipulation:

- **7:00 – 7:30 am EST**
- **8:00 – 8:30 am EST**

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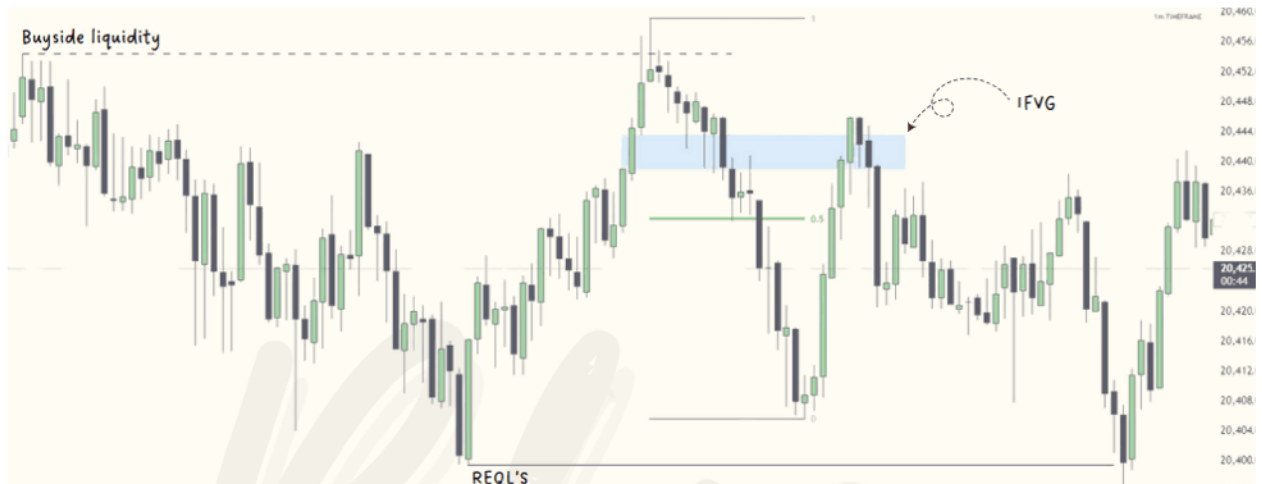
- 9:00 – 9:30 am EST

What to expect:

- A **fake-out** (stop hunt) in one direction
- Followed by **delivery** toward relative equal highs/lows
- Ideally, forming in the shape of a **manipulation > displacement** sequence

Case Study NASDAQ 100

Consider the below image of the NAS 100 USD chart



1. The market made a **run on stops**, then reversed direction.
2. Note the **Inversion Fair Value Gap** (part of the premium array).
3. Price retraced into this **premium array**, forming:
 - A **bearish Fair Value Gap**
 - **Relative equal lows**
4. Aggressive displacement followed—price drove through the equal lows.

Key Observations:

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- When a **breaker forms**, look for **overlap** with an **inversion or Fair Value Gap**. That's your **sweet spot entry**.
- Always spot the "**First Fair Value Gap**" before the stop hunt—this usually signals a **change in delivery state**.

Conclusion

Precision trading isn't about catching every move—it's about **catching the right move** with discipline, minimal risk, and high conviction. This framework, coupled with the understanding of time-based manipulation and price delivery, gives you a **strategic edge**.

- ✓ Be proud when you miss a move due to precision
- ✓ Mark time ranges and structure religiously
- ✓ Use multi-timeframe analysis to find your turning points